

### **Career opportunities in Psychology**

Globalization, rapid urbanization, global growth in the healthcare industry, growing awareness of human health, growing personal and social tensions, rising crime are all factors. If you think about it, psychologists have a lot of work to do. A career in the field of psychology requires a keen interest in interpreting human emotions and their behavior, sensitivity, distinction, perseverance and perseverance, and perseverance to draw conclusions from it. Various degree and postgraduate courses in psychology are available in many colleges as well as at the university level.

### **Details of Eligibility**

Sr. No.	Programme	Eligibility
1	B.A. & B.Sc. in Psychology	H.S.C. in any Stream
2	M.A. & M.Sc. in Psychology	B.A. /B.Sc. in Psychology & Any Graduate
3	M.Phil.	M.A. & M.Sc. in Psychology
4	Ph.D.	M.A. & M.Sc. in Psychology

### **Most Universities and colleges do offer course in psychology**

- Savitribai Phule Pune University, Pune (Website: <http://www.unipune.ac.in/> )
- Mumbai University, Mumbai ( Website: <https://mu.ac.in/> )
- Dr. Babasaheb Ambedkar Marathwada University, Aurangabad  
(Website: <https://bamua.digitaluniversity.ac/> )
- Shivaji University, Kolhapur (Website: <http://www.unishivaji.ac.in/> )
- SNDT University, Mumbai (Website: <https://sndt.ac.in/> )

### **Employment Outlook and Opportunities:**

There is a lot of scope for a career in psychology and the person in this field can find employment opportunities in the following areas.

- Government and Public Sector
- Government and Private Hospitals
- Universities/Collages/Schools and other academic institutions
- Union Public Service Commission
- News agencies and organizations
- Advertising Agents

- Career Counselor
- Child Care Worker
- Market Researcher
- Rehabilitation specialist
- Sales Representative
- Social Service Specialists
- Clinical Psychologist
- Child Psychologist
- Industrial/ Organizational Psychologist
- School Counsellor/Psychologist
- Sport Psychologist
- Health Psychologist
- Educational Psychologist
- Forensic Psychologist
- Research
- Community Counselor
- Psychoanalyst
- Psychotherapist
- Corporate trainer

**There are many different options available to psychology degree holders, depending on your specialization and interest, such as:**

- 1) Clinical Psychologist:** A clinical psychologist, much like a psychiatrist, understands all the conditions in which a mental disorder can present itself within a person. So, a clinical psychologist's task involves diagnosing, managing, and treating people who have these conditions – whether it is depression, or anxiety, or borderline personality disorder, or anything else. Because of the far reaching implications of this profession, it's one of the most popular roles within the field of psychology, and has the most number of jobs on offer as well. Clinical psychologists often work across hierarchies in a number of different organizations, whether at care centers, recovery centers, hospitals, or at other places where the mental health of people is dealt with at length. In addition, they often offer their services through private practice as well, thereby increasing the scope of their earnings.
- 2) Counselling Psychologist:** Counselling psychologists are experts in making people come face to face with their problems and offering them solutions that can be of help to them in the immediate short term. Counselling offers people an insight into their behaviors that simply going to a psychiatrist or clinical psychologist won't – this is why these services are often paired together so that

in combination they can provide great results for the person concerned. This insight can then be used to further delve deeper into any “concern areas” for respective people: someone might want to focus more on their relationships; others might want to take a closer look at work, while some might want to be able to look closely at their hobbies.

- 3) **Industrial/Organizational Psychologist:** Given that a big chunk of the workforce is occupied across industries where there is little to no emotional support to be found for the various workers, it's no surprise that those psychologists who can fit this role are rewarded generously for their efforts! And their efforts are often deployed not at a personal level only. The task of industrial and organizational psychologists is to make sure that the structures within which workers are operating can be attuned in a way so that it works out in the favour of both the companies as well as the people involved. To not only strike a balance between the human and structural is not an easy task, and requires mindfulness of the highest degree. The path to becoming an organizational/industrial psychologist typically involves doing at least a master's in organizational psychology, with a doctorate degree being optional. Keep in mind though, that completing a doctorate degree will greatly increase your chances of earning more money.
- 4) **Neuropsychologist:** Neuropsychology is a field that goes into the depth of the psychology of the brain. A neuropsychologist looks not just at typical psychological indicators that other psychologists use as a reference point. Their specialty lies in having a thorough understanding of all the different parts of the brain and how they respond to various stimuli – for instance, which part of the brain isn't functioning well when someone says they're sad, or which part of the brain produces the feeling of euphoria when one feels a sense of excitement. Owing to the fact that neuropsychologists can work with complex brain chemistry, they often work with pharmaceutical companies as advisors to their many medicines. Neuropsychology is a specialized field which requires dedicated study, often for many years on end. But it's a rewarding career, not only in terms of satisfaction but financially as well.
- 5) **School Counsellor/Psychologist:** The importance of a school psychologist or Counsellor cannot be stressed enough. A school psychologist can tie together the social fabric of the school, which is almost always bursting at the seams, with social tensions and strife – for the students, school faculty, as well as

management. In such a scenario, a school Counsellor offers respite for everyone involved, and makes sure that a school's systems function as well as they can (and should). This is why school psychologists are so important for schools, and why schools invest heavily in them. Moreover, school counselors also form lasting relationships with their students, and can thus enrich their lives too – and this is a huge form of impact!

- 6) **Forensic Psychologist:** Forensic psychologists specialize in psychology as it overlaps in the field of criminality and all things related to it. They work often with criminal offenders, attempting to rehabilitate them at a psychological level, before they go back out into the world. To this end, they can be employed by prisons, institutions that cater to habitual drug offenders, as well as hospitals. They serve as an important cog in the rehabilitation system for any crime – simply giving them time to reflect on their wrongdoing proves to be futile, unless it's supported strongly by someone who can facilitate that process. In addition to simply helping those that have committed crimes, forensic psychologists are also responsible for making sure that people are psychologically profiled correctly – through this they can predict who is likely to become a criminal and who will be a threat to society if they are released from prison.
- 7) **Sports Psychologist:** Sports psychologists are psychologists who understand not only the human mind but also the human body – with specific reference to how they interact with each other on and off the field. A sports psychologist is someone who, ideally, has already gone through the motions of various sports training rituals themselves, and therefore understands the specific toll that it takes on both one's mind and body. Thus, with this experience, they guide others to their specific sports-related goals, and can make or break athletes' careers – after all, sports as a field comes with very high expectations, rewards, as well as disappointments.
- 8) **Education Psychologist:** An education psychologist fills any possible gaps that are left behind within the schooling system in so far as the education of a student is concerned. We have earlier seen that there are school psychologists and counselors who serve to hold students' anxieties as well as their fears, which may in part be triggered by the school. An education psychologist, however, makes sure that a child's intellectual growth is taken care of. Often, a

school system doesn't allow for certain minds to grow at the rate that they will grow the best – and this is where an education psychologist will be far more helpful than a school psychologist or Counsellor.

**9) Child Psychologist:** A child psychologist does what you may imagine they do – they work with children. Children have to face a lot of challenges as they grow up, and parents may not always be in the best position to be able to deal with all of those issues. In fact, there may be instances when parents specifically approach a child psychologist because they are wondering how to deal with a certain problem that they can't solve on their own. A child psychologist helps keep the parents stress free while they focus solely on the child. Child psychologists too have their own private practice, and as word spreads about their services, they can stand to make a lot of money through this medium.

**10) Psychiatrist:** Requiring a very specific trajectory during the educational stage, a psychiatrist has the important responsibility of assigning people diagnoses (based on their evaluations) and making sure that they get the proper medicines. For the most part, a psychiatrist comes in at a stage when a patient has already gone through various other structures that are designed to support those who are suffering from mental health conditions – a psychiatrist comes into the picture at the last stage of the journey of mental health. Usually, a psychiatrist is also well versed in certain forms of Counselling or therapy, such as Cognitive Behavioral Therapy (CBT). It's not a walk in the park if you want to become a licensed psychiatrist. You have to finish an undergraduate degree in medical school and then do an MPhil from an RCI-licensed college to finally be able to call yourself a psychiatrist.

After completing his education in psychology, he can work as a professor of psychology and also as a counselor in many hospitals. Career as a teacher, counselor in colleges, psychiatric hospitals, counseling centers. Undergraduate and postgraduate studies in psychology as well as Ph.D. are offered through various universities. After completing postgraduate studies in psychology, one can work in places like juvenile detention center, orphanage, school, hospital, old age home, rehabilitation center, psychiatric hospital. In addition, you can start your own counseling center by fulfilling the right conditions. M. A. degree in psychology provides a great opportunity to choose a field of interest and work in it. Psychology education is business oriented and in high

demand. The ability to perform mental tests through various tests gives you the option to measure and improve your IQ, ability, study, disability, personality. The importance of mental health, nurture and growth paths can be learned through training camps. Sports, industry, family courts, prisons need counselors.

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**Rayat Shikshan Sanstha's**

**R. B. Narayanrao Borawake College, Shrirampur**  
NAAC Accredited with 'A+' Grade, ISO 9001/2015 Certified College



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## **Department of Psychology**

### **Career Festival 2021**

#### **M. A. in Psychology**

##### **CAREER OPPORTUNITIES IN PSYCHOLOGY**

- Clinical Psychologist
- Industrial Psychologist
- School Psychologist
- Sport Psychologist
- Health Psychologist
- Educational Psychologist
- Research
- Community Counselor
- Psychoanalyst
- Psychotherapist
- Counselor
- Teacher/ Assistant Professor
- Trainer

##### **HOW TO PURSUE**

- Students who have completed graduation from psychology as well as any faculty.

##### **PROS**

- There is a bright job outlook.
- Opportunity to work with new people everyday.
- High earning potential.
- Constant practice and development of new skills
- Being part of a community with fellow teachers
- The opportunity to further their knowledge
- You can found your own business
- Psychologist can work in many different fields

##### **IMPORTANT FACTS**

- Psychology is the Study of the Mind and Behavior.
- Psychology relies on Scientific Methods.
- Psychologists take Multiple Perspectives.
- Psychology has many Subfields.
- Psychology is more than Mental Health.
- Psychology is all around You.
- Psychology has many career Paths.
- Psychologists make human lives Better.



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#### B. A. in Psychology

##### **CAREER OPPORTUNITIES IN PSYCHOLOGY**

- Media and advertising careers
- Child Care Worker
- Rehabilitation specialist
- Sales Representative
- Business and management careers
- Human resources and communications careers
- Careers in research
- Social worker

##### **HOW TO PURSUE**

Students who have passed 12th standard from any stream.

##### **PROS**

- There is a bright job outlook.
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- High earning potential.
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